



General Behavioral Health Education

Are your clinicians prepared to identify and manage patients with Behavioral Health conditions?

The Challenge

Psychiatric comorbidities in inpatient medical settings are common with approximately 20-50 percent of patients having a behavioral health diagnosis. However, the rate of psychiatric consultation is less than 4 percent, revealing a gap in treatment for patients that present with a primary medical diagnosis, but also have an underlying behavioral health condition.

Many times, patients with comorbid conditions experience complications, longer stays, more transfers, and an increased risk of readmission. Due to these factors, caring for patients with physical and behavioral health conditions can cost two to three times than a patient without a behavioral health comorbidity.

All in all, hospital physicians, nurses, and other staff have not had the training in medical school or residency and are ill equipped to handle the many, diverse behavioral health problems they may face on any given day. This can result in less than optimal patient outcomes and quality of care.

The Solution

Provide your hospital staff with state-of-the-art, reliable training on general behavioral health risk assessment and crisis management, so they are prepared to quickly identify and integrate psychiatric consults.

Relias offers a package of behavioral health courses, written with clinical experts in behavioral health. This package was created with goals of:

- Improving patient treatment, outcomes, and safety
- Increasing staff confidence and expertise in addressing patients with behavioral health problems
- Reducing lengths of stay (LOS)
- Reducing unnecessary hospitalizations and readmissions
- Improving patient and family member satisfaction
- Improving physician and staff satisfaction

(see courses, next page)



*Caring for patients with physical and behavioral health conditions can cost **2-3X** more than a patient without a behavioral health comorbidity.*

GENERAL BEHAVIORAL HEALTH COURSES	
Topics	Courses
Prevention, Screening, and Interventions	<ul style="list-style-type: none"> • Introduction to Trauma-Informed Care • Community-Based Suicide Prevention • Interventions for Suicide Risk and Postvention for Suicide Loss Survivors • Suicide Risk Factors, Screening, and Assessment • Trauma-Informed Clinical Best Practices: Implications for the Clinical and Peer Work Force
Clinical and Pharmacological	<ul style="list-style-type: none"> • Advanced Co-Occurring Disorders • Co-Occurring Disorders • Overview of Psychopharmacology • Pain Assessment and Management
Integrated and Coordinated Care	<ul style="list-style-type: none"> • Case Management Basics • A First Look at Integrating Care: Policy • A First Look at Integrating Care: Practice • Integrated Treatment for Co-Occurring Disorders Part 1—EBP • Integrated Treatment for Co-Occurring Disorders Part 2—EBP
Special Populations	<ul style="list-style-type: none"> • Domestic and Intimate Partner Violence • Identification, Prevention, and Treatment of Suicidal Behavior for Service Members and Veterans • Connecting Substance Use and Interpersonal Violence • Working with the Homeless: An Overview
Patient Engagement	<ul style="list-style-type: none"> • Motivational Interviewing in Clinical Practice • Crisis Management • De-escalating Hostile Clients • Learning to Love Groups • Motivational Interviewing • Structured Group Therapy Approaches

This package is available in the Relias learning management system (LMS), our easy-to-use user interface that staff can access online anytime, anywhere, or delivered through your own LMS.

Ready to get started providing behavioral health education?

GET STARTED

ACU0818FS1764-00

(877) 200-0020

RELIAS