



Build Expertise in Dementia Care

Whether your organization already specializes in dementia care or is adding the specialty, your care team’s level of expertise directly affects client outcomes and your organization’s reputation. When working with people who have dementia, caregivers will encounter challenges that can affect how and when they work with clients.

Understanding the individual’s presentation and how to handle changes in function is vital to providing the best in personalized care. Although experiences vary, a person with dementia may present with changes in affect or behavior involving emotions, mood, perception, thought, motor activity, and personality.



By providing your team with deep knowledge and an array of strategies, you can alleviate the stress and uncertainty associated with dementia.

Dealing With Challenges

Difficult behaviors that people who have dementia may exhibit include:



Repeated calls and contacts



Losing items



Being rude or threatening



Striking out at others



Eloping, wandering, getting lost



Refusing care

The following physical health challenges also can complicate dementia care:



Eating or drinking
decreased amounts



Having falls



Lacking solid,
recuperative sleep



Developing infections
and pneumonias

If a caregiver doesn't know what to expect and how to manage complicating physical factors like these, the situation can raise the stress level for the person receiving care and the person giving it.

Finding the Best Approach

Each individual will experience dementia in different ways, and the person's behavior and responses to care may vary from hour to hour and day to day. Knowledge and preparation can keep care partners calm, confident, and focused on the person's needs.

When clinicians and staff members understand the latest recommended strategies for connecting with a person who has dementia, they can better provide quality care in a timely, respectful, and positive way. Relias learning modules include training from Teepa Snow and other dementia experts.

For focused training and certification, Relias offers certificate programs for dementia care nurses and dementia care aides.

One unique learning option is a virtual reality (VR) course that allows caregivers to experience a day in the life of a person with dementia. The VR course helps healthcare professionals view care interactions through the firsthand perspective of someone who has dementia.

Other learning options include evidence-based guidance on improving communication, managing behavioral challenges, treating clinical conditions, supporting functional abilities, and understanding ethical and legal factors.

By providing your team with an array of strategies and deep knowledge, you can alleviate the stress and uncertainty associated with dementia and also contribute to retaining staff in this specialized caregiving position.

Prepare your team for providing person-centered dementia care.

**Speak to a Relias representative to schedule a
personalized demonstration of our solution.**

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