



Social Determinants Course Package: The Building Blocks

The Opportunity

As healthcare is moving toward value-based reimbursements and providers taking on financial risk, components of the triple aim also become business measures.

To most effectively care for populations, whole-person care is a critical factor to success. Whole-person care considers more than just presenting symptoms, but considers factors such as patient education, income, and access to transportation. Consideration of these non-medical factors will be critical to successfully care planning for patients and improving outcomes and patient satisfaction.

Whole-person care is delivered by considering all factors that influence a patient's health status. Growing research is showing the increased need for understanding the role of social determinants in population management strategies. Physicians and staff who are well-trained on the potential impacts of social and economic factors including healthcare access, can make more informed diagnoses and create

impactful care plans. These customized care plans often lead to increased communication and more relational trust-building during the care process, which in turn, increases patient satisfaction, as well as patient retention. More relational interactions with patients include engaging them in the decision-making process to promote taking more of an ownership of their health.

How are you working with providers in your network to ensure staff have a common foundation on the impacts of social determinants on patient health and care delivery?

Tools and Resources

Success for payers and providers means working together with clearly articulated strategies supported by a common understanding across all components of the health care system.

To help create a common understanding and provide a foundation for building your population health strategies, Relias Learning has developed a new **Social Determinants of Health Package** consisting of online courses and micro-trainings that provide guidelines on how to effectively screen and assess patients for each factor and how to integrate these factors into direct practice.

This package also includes a “Competency Assessment” that sets a baseline to build a common understanding of how social determinants impact member health. As a final step, the package includes an immersive, online simulation to reinforce and test the learning.

Social Determinants of Health Package

- Competency Assessment on Social Determinants of Health
- Social Determinants of Health Overview
- Economic Stability as a Social Determinant of Health
- Education as a Social Determinant of Health
- Social and Community Context as Determinants of Health
- Social Determinants of Health: Health and Healthcare
- Neighborhoods and the Build Environment as Determinants of Health
- Integrating Social Determinants of Health into Healthcare Practice

Interested in learning more?

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solutions@reliaslearning.com
toll-free: (877) 200-0020

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